



Replacing the Prosthesis in the Eye Socket

- #1. Wash hands. Face a mirror. If it's above a laboratory or other hard surface, drape a towel over the surface so that, if the prosthesis is accidentally dropped, it is not likely to be damaged.
- #2. Hold the artificial eye one by one hand in such a manner that the upper edge is upward and the back of the eye is toward the empty socket. One way to hold it is between the thumb and second finger with the forefinger against the front of the cornea (over the pupil).
- #3. The upper lid with a finger or thumb of the free hand and keep the socket widely exposed for the next step.
- #4. While watching the mirror, slide the upper edge of the prostheses (2 red dots up) under the upper lid. Gradually, work it higher under the lid until most of the pupil and iris are hidden. Do not let it slide downward again until after the next step.
- #5. Release only the upper lid and bring the finger which is holding it, around to the front of the prosthesis to press it backwards and keep it under the upper lid. Release the prostheses from the grip of the finger and thumb of the other hand and bring the latter down to roll the lower lid margin out from under the bottom edge of the eye.
- #6. When the lower lid is definitely out in front of the prosthesis, move it around until it seems that the artificial eye is seated in its proper place. Take both hands away from the eye slowly, being ready to catch the prostheses if it has not been correctly placed and falls out. (Falling onto coarse, sharp or hard surfaces can chip or scratch the plastic eye.)

Storing the Eye

If the prosthesis must be left out of the eye socket overnight or longer for any reason, store it in water to which a bit of salt (1/4 teaspoon to a cup of water) has been added. The eye could be stored in any good contact lens soaking solution. If the plastic eye is allowed to dry out, the layers might separate at the painted surface. Keeping it wet prevents this.

Polishing the Eye

We recommend that the prostheses be polished at yearly intervals. This also affords the opportunity to check the eye socket and judge whether it is still fitting the tissue of the socket properly.

To Further Help Your Appearance

Buy Glasses: We will recommend that you wear a pair of attractive protective glasses. These will distract from any asymmetries which we could not correct. Also, we may recommend cosmetic optics for the lens over the artificial eye.



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Have Confidence: Try to avoid body movements and head positioning which will indicate to an observer that you are trying to hide something. Otherwise, you most certainly will not hide it. Be as relaxed as possible and try to forget about having an artificial eye.

Watch your Tilting: Avoid tilting your head downward and at the same time looking up from under your eyebrows. Almost no artificial eye will move upward with its companion "good eye." With your head tilted downward your prosthesis will be looking at the floor while the companion eye looks upward.

Turn to the Left and Right: If your artificial eye will not move far to the sides, you should develop a firm habit of turning your head into the desired direction of gaze rather than just the eyes.